

Plum Menu

January, February,  March 2011

773-637-6800

1/3, 31, 2/28, 3/28 Meatballs in Marinara Sauce Fettuccini Pasta Sweet Peas Fresh Baby Carrots Ranch Dip Whole Grain Wheat Bread Pineapple Tidbits	1/4, 2/1, 3/1, 29 Chicken Parmesan Noodles Mixed Garden Vegetables Spinach Salad Green Goddess Dressing Whole Grain Wheat Bread Seasonal Fresh Fruit	1/5, 2/2, 3/2, 30 Ground Turkey Fajitas Spanish Rice & Beans Shredded Lettuce Whole Wheat Tortilla Fresh Banana	1/6, 2/3, 3/3, 31 Meat Loaf Mashed Potatoes Sweet Kernel Corn Catsup Packet Baked Dinner Roll Seasonal Fresh Fruit	1/7, 2/4, 3/4, 4/1 Macaroni & Cheese with Turkey Ham Green Beans Romaine Salad Garlic Dressing Whole Grain Wheat Bread Seasonal Fresh Fruit
1/10, 2/7, 3/7 Chicken Nuggets Cheesy Mashed Potatoes Corn Salad in Sweet Vinaigrette Catsup Packet Whole Grain Wheat Bread Diced Peaches	1/11, 2/8, 3/8 Sloppy Joe Roasted Potatoes Pineapple Coleslaw Hamburger Bun Seasonal Fresh Fruit	1/12, 2/9, 3/9 Broccoli Chicken in Tasty Cream Sauce Fettuccini Pasta Caesar Salad Caesar Salad Dressing Whole Grain Wheat Bread Fresh Banana	1/13, 2/10, 3/10 Chili Con Carne Spinach Salad Ranch Dressing Saltine Crackers Seasonal Fresh Fruit	1/14, 2/11, 3/11 Baked Lemon Chicken Rice Pilaf Creamy Corn Fresh Baby Carrots Whole Grain Wheat Bread Fresh Orange
1/17, 2/14, 3/14 Beef Frank & Beans Fresh Baby Carrots Garlic Dip Whole Grain Wheat Bread Fruit Cocktail	1/18, 2/15, 3/15 Kiddie Lasagna with Spinach Romaine Salad Ranch Dressing Whole Grain Wheat Bread Seasonal Fresh Fruit	1/19, 2/16, 3/16 Meatballs in Brown Gravy Candied Sweet Potatoes Tomato Wedge Baked Dinner Roll Fresh Banana	1/20, 2/17, 3/17 Ground Turkey Taco Spanish Rice Diced Tomatoes Shredded Lettuce Kiddie Salsa Condiment Whole Wheat Tortilla Seasonal Fresh Fruit	1/21, 2/18, 3/18 Macaroni & Cheese with Turkey Ham Sweet Peas Fresh Sliced Cucumber Whole Grain Wheat Bread Fresh Tangerine
1/24, 2/21, 3/21 Chopped Beef with Gravy Mashed Potatoes Zucchini Coins Lemon Dip Whole Grain Wheat Bread Diced Pears	1/25, 2/22, 3/22 Sliced Turkey in BBQ Sauce Rice Pilaf California Blend Vegetables Creamy Coleslaw Whole Grain Wheat Bread Seasonal Fresh Fruit	1/26, 2/23, 3/23 Beef Stew with Vegetables Spinach Salad Green Goddess Dressing Baked Dinner Roll Fresh Banana	1/27, 2/24, 3/24 Turkey Chili Mac Fresh Baby Carrots Saltine Crackers Seasonal Fresh Fruit	1/28, 2/25, 3/25 Kiddie Beef & Turkey Shepherd's Pie Cheesy Mashed Potatoes Whole Grain Wheat Bread Fresh Orange